

CORPORATE RETREATS

# The natural choice for business

The Sanctuary at Natural Retreats Yorkshire Dales - the corporate venue of the future

*Natural Retreats*  
YORKSHIRE DALES



## Why Choose Natural Retreats for your event?

Quite simply it's the experience on offer.

Getting out of the office is as much about a change of surroundings and the chance to indulge in some clear, strategic thinking. Often that means compromising either on the location or the facilities available. Hotels are often impersonal and rarely inspiring whereas specialist conference venues can be clinical and cold and no better than the office.

One thing is certain about an event at Natural Retreats and that's the inspiration delegates will feel, whether it's taking in the 50 mile view of the Dales through the conference venue's floor to ceiling windows, or relaxing after a day's creative session on the decking of our luxurious residences, each a hidden gem in this beautiful location.

To put it simply, if you want people to change the way they think, choose a corporate venue that is always looking at things in a new way!

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For bookings: Call 0161 242 2970 | Email: [info@naturalretreats.com](mailto:info@naturalretreats.com)

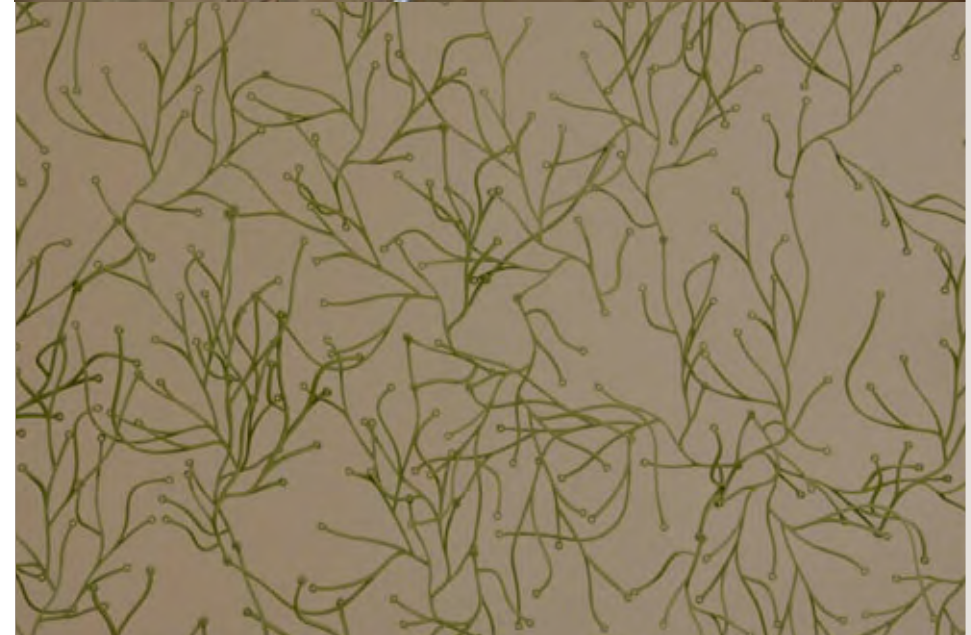
## State of the art venue facilities

It would be a mistake to think this is just a country retreat.

Our brand new state of the art Sanctuary boasts space, aesthetic appeal, flexibility and an array of technical facilities that means it can be transformed and adapted to suit any need at a moment's notice. Break out rooms, kitchen facilities and quite simply, one of the finest views of the Yorkshire Dales combine to make this a venue of stunning appeal for those who really want an event out of the ordinary.

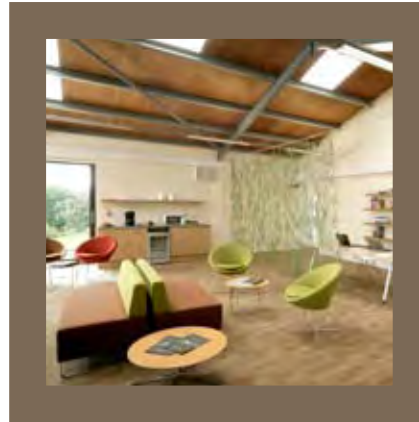
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## A customer view

“Natural Retreats was a fantastic venue for our team meeting. Finn and the team did a great job of catering for our needs – from arranging a champagne reception, team building activities, to catering for our meeting requirements. They really went out of their way to make our meeting run smoothly and make sure everyone enjoyed themselves.

The best thing about the meeting was the location... The sanctuary, where we held the meeting, is perched on top of the site looking out over the valley with stunning views towards York. Being in such beautiful surroundings, everyone quickly relaxed and kicked back.

Typically we host our team meetings in hotels so it was really nice to do things differently and everyone agreed that it was a great alternative to a hotel. The team enjoyed spending time together in the cabins rather than being in separate hotel rooms – so it was great from a team bonding point of view. The only downside is that we didn't plan in enough time to enjoy the surroundings!! Would highly recommend and have no doubt we'll be back – either for another meeting or holiday! “

**Sarah Harding**

Proctor & Gamble

“The best thing about the meeting was the location!”

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# The Sanctuary

From the moment you enter the Sanctuary reception it is clear this is no ordinary venue. This brand new facility offers a combination of three fully fitted rooms complete with flexible furniture arrangements and equipment to facilitate every need.

Whether the room is configured in round table meeting style, classroom style or informal breakout sessions, the atmosphere and surroundings ensure a relaxed environment which can be made as formal or informal as you choose.

We can accommodate up to 50 delegates comfortably and provide kitchen facilities for outside catering as required. With up to 5,000 square feet of space available for you to use the only limit is your own imagination.

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- Up to 50 delegates
- Kitchen facilities for outside caterers
- 5,000 sq ft space
- Breakout spaces

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# The Residences

Every one of your delegates will thank you for choosing Natural Retreats! Each of our sumptuous residences comes with three bedrooms, mostly ensuite but with a minimum of two bathrooms and a standard of fixtures and fittings that mark them out as something special.

The views and surroundings quite literally need to be seen to be believed and for many people simply staying in one of our residences is an experience itself. Each is designed and built to the highest standards employing the latest in ergonomic design and construction and the result is accommodation that inspires.

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## The Location

Take a walk around Natural Retreats – Yorkshire Dales and it quickly becomes apparent this is a location that relaxes and inspires in equal measure.

It would be difficult to imagine a setting better designed to bring the best out of people. Integral site walks and natural viewpoints combine with varied locations to offer a different experience everyday.

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# Fill every minute of every day

Two days at Natural Retreats can make a world of difference to delegates. From innovative team building events, to business sessions run in our state of the art Sanctuary, there is no shortage of engaging activity for delegates.

A typical two day session could include the activities listed to the right:



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## Day 1

9-00am	Arrival & coffee
10.00am – 11.30am	Meeting at Sanctuary business centre
11.30am – 11.45am	Coffee break
11.45am – 12.30pm	Walk 'Aislabeck Round' and introduction to the Dales 50 mile view
12.30pm – 1.30pm	Lunch
1.30pm – 3.00pm	'Discover your creativity' (watercolour class of the Dales view)
3.00pm – 4.00pm	Business session in Sanctuary
4.00pm – 5.30pm	Survival skills session

## Day 2

8-00am – 9.00am	Yoga /pilates
9.00am – 10.00am	Breakfast meeting
10.00 – 11.30am	Dry stone walling session
11.30am – 11.45am	Coffee break
11.45am – 12.30pm	Business session in Sanctuary
12.30pm – 1.30pm	Lunch
1.30pm – 3.00pm	Orienteering
3.00pm – 4.00pm	Business session in Sanctuary
4.00pm – 5.30pm	Mountain bike skills

# Open for business

Whether you choose to take in the awe inspiring views along the coast to coast path that runs along the bottom of the site or hold an impromptu break out session on the grassy banks in front of the Sanctuary, that afford a 50 mile view (some say you can see York Minster on a clear day) there is infinite natural variety to be found. All complemented by additional 'man made' touches such as our high point sheep fold; a traditional stone built enclosure that comfortably seats 20 in a closed circle for open air discussions!



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# Never a dull moment

Whilst we know most companies will want to make the most of the chance to talk business, we also offer loads of extra curricular activities to ensure the event is both memorable and instructive in other ways. Including, but not limited to:

## Walking Routes

Delegates have the opportunity to see the Yorkshire Dales on long distance routes or easy strolls. Exercise in the country is a proven way to clear the mind and increase the capacity to absorb information.

## Cycling Routes /Mountain Bike Skills

Delegates can feel more in touch with the countryside through a planned bike ride of the Yorkshire Dales. The Dales offers some fantastic riding through some of the best scenery in the country and we can even offer basic mountain bike skills courses.

## Dry Stone Walling

Teaches the fine art of building a dry stone wall. Using the right material in the right way means you can create something incredibly strong and enduring just by using the natural material at your disposal without cement.

## Cross Bow Shooting/Archery

Crossbow shooting/archery can provide a welcome change of pace from the usual corporate team building events where skill and judgement count more than speed and adrenaline.

## Canoeing

Enjoy touring rivers, and the opportunity to paddle on the Swale – testing physical exertion and mental strength as well as co dependency skills.

## Aerial Extreme

Bedale - Tree based Adventure Ropes Course, set within the 250 acre grounds of the Camphill Estate in North Yorkshire. At Bedale they do specialist teambuilding tasks, offering 1-day solutions for groups up to 15-100 delegates.

## Water Colour Painting Class

An opportunity to paint 50 mile stunning views of the Yorkshire Dales from the man-made 'sheep fold'. A perfect chance to discover the creative side in contrast to the classic business side of away days.

## Orienteering / Treasure Hunts

Use a treasure hunt or orienteering session to help develop team building and also ensure that delegates understand the strengths of the people that they work with on a day-to-day basis.

## Clay Pigeon Shooting

Clay pigeon shooting can be a thrilling and memorable experience which demands concentration, a keen eye and quick reactions.

## Survival Skills

Learn to survive in the wild with our local experts. A useful guide with as much application in the business world as it has in the wild!

## Yoga and Pilates

Delegates can experience their own personalised class to stimulate relaxation and revitalisation of mind and body.

## Tai Chi

Delegates can experience a 'meditation in movement' session. It relaxes you and cuts stress and tension, boosting energy and toning and rehabilitating those tired muscles.

## Krypton Factor

The actual Krypton Factor assault course, as featured on TV, is 5 mins away.

## Human Sheep Herding

Human sheep herding exercises will help corporate employee teams improve their trust and communication skills. Direct blindfolded employees into Natural Retreats' man made 'sheep fold'.

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# Altogether an extraordinary experience - all in one place.

Natural Retreats offers a unique corporate venue for clients with access to the modern requirements of business, whilst at the same time offering a 'get away from it all' feeling so vital to successful events. What's more we can provide additional facilities as required such as mountain bike hire, onsite chefs and even yoga teachers for that unique bonding experience. Simply ask us and we'll do our best to accommodate your needs.

To find out more about how Natural Retreats - Yorkshire Dales can help you plan the perfect corporate event:

**Call our concierge team on 0161 242 2970**

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**Visit [www.naturalretreats.com](http://www.naturalretreats.com)**

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